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PSYCHOTHERAPY • EMDR • FLOWER ESSENCES ASTROLOGY

## Telemedicine Informed Consent

Telemedicine- the practice of Psychotherapy at a distance when therapist and patient are not physically present with each other. The use of phone, video call, or other technologies is a convenient resource when we cannot meet in person.

I have many patients who enjoy telemedicine however there is no obligation to use telemedicine.

1. You have the right to withhold or withdraw your consent to engage in Telemedicine without affecting your right to future care or treatment.
2. The laws that protect the confidentiality of Psychological Information also apply to Telemedicine.
3. There are potential risks and drawbacks to Telemedicine including the possibility, despite reasonable efforts on my part, that the connection could be disrupted or distorted by technical failures. The transmission of medical information could be interrupted by unauthorized persons. The storage of medical information could be accessed by unauthorized persons.
4. As with any Psychotherapy experience, a quiet, confidential space is optimal to create so that you feel safe in 50 minute session. I will always provide that from my ending you are responsible at the time of our appointment to do the same.
5. For some, remote sessions does not work the same way as sitting face to face with the therapist in the office. If either of us believes that you would be better served by face to face, I will advise to discontinue Telehealth and meet in my office. If that is not possible I will refer you to someone who can see you in person.
6. You have a right to access your records in accordance with California Law.

By signing below you consent that you have read and understand the information provided above.. I am happy to answer any further questions you may have.

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Signature of Patient

Date